



Adult Health History Form

Name: _____

Date Of Birth: ____ / ____ / ____

Who was your previous primary care provider? _____

Reason for today's visit: _____

CURRENT MEDICATIONS

Name of Medication	Strength (ex. 500 mg)	Dosing Instructions (ex. Twice a day)

ALLERGY HISTORY

No Known Allergies Medication Allergies Environmental/Seasonal Allergies Latex Allergies

Allergen (ex. Food, Dust, Animals, Pollen, Medication)	Reaction (ex. Rash, nausea, respiratory, shock, etc.)

MEDICAL HISTORY (Please check any of the following that you have or have had in the past)

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> Acid Reflux/GERD | <input type="checkbox"/> Cancer | <input type="checkbox"/> Headaches | <input type="checkbox"/> Liver Disease |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Chronic Cough | <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Seizure Disorder |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> COPD/Emphysema | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Sexually Transmitted Disease |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Dementia | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Depression | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Diabetes | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Bowel Problems | <input type="checkbox"/> Glaucoma/Cataracts | <input type="checkbox"/> Immune Disorders | |

SURGICAL HISTORY (Please list all past surgeries/operations):

Type of Operation	Date	Type of Operation	Date

MEDICAL AND MENTAL HEALTH HISTORY (Include all injuries or hospitalizations):

Name of Facility	Reason	Date

FAMILY HISTORY (Please tell us about the health of your immediate family)

	Father	Mother	Siblings	Children	Other
Age at Death					
Cause of Death					
Heart Disease/ Stroke					
High Blood Pressure					
Diabetes					
Cancer (type)					
Epilepsy					
Asthma					
Blood Disease					
Other:					

SOCIAL HISTORY (Please circle all applicable responses)

Marital Status	Single	Significant Other	Married	Divorced	Widowed	
Living Situation	Alone	Spouse/Significant other	Children/Family	Other		
Females- Are you pregnant?	Yes / No	Hysterectomy	Menopause	Tubal ligation		
Do you have children?	Yes / No	If yes, how many?				
Do you have animals?	Yes/ No	If yes, how many?				
Education (highest level)	9 GED	10	11	12 Some college	Associates Masters	Bachelors PhD
Are you working?	Yes / No	If yes, occupation?				
Are you disabled?	Yes / No	If yes, reason?				

If applicable, amount?

Tobacco Use? <i>If no, have you ever?</i>	Yes / No Yes / No	Cigarettes / Cigars / Chew Cigarettes / Cigars / Chew	Per day: Per day:
Exposed to second hand smoke?	Yes / No		
Do you drink alcohol?	Yes / No	Beer / Wine / Liquor	Per day:
Do you drink caffeine?	Yes / No	Coffee / Tea / Soda / Energy Drink	Per day:
Any present illicit drug use?	Yes / No	Marijuana / Cocaine / Heroin /	Illicit Rx. / Other
Any past illicit drug use?	Yes / No	Marijuana / Cocaine / Heroin /	Illicit Rx. / Other
Do you exercise?	Yes / No	Type?	Per week:
Do you wear your seatbelt?	Yes / No	If yes, percent of time:	
Do you have Advanced Directives in place?	Yes / No	Living Will Health Care Proxy	Durable Power of Attorney Advanced Directives

PREVENTATIVE CARE HISTORY

Please provide the dates and results of the following immunizations, examinations, and test to the best of your ability. If you have not had one of these services please indicate N/A (not applicable).

Last Tetanus Booster Within past 10 years More than 10 years ago N/A
 Last Eye Examination Date: _____ Normal Abnormal Unknown
 Last Hearing Exam Date: _____ Normal Abnormal Unknown
 Last Colonoscopy or stool test Date: _____ Normal Abnormal Unknown
 Last Bone Density Scan Date: _____ Normal Abnormal Unknown
 Last Pneumonia Vaccine Date: _____ Normal Abnormal Unknown
 Flu shot this season? Yes No

Women:

Last Pap Smear Date: _____ Normal Abnormal Unknown
 Last Mammogram Date: _____ Normal Abnormal Unknown

Men:

Last Prostate Specific Antigen Date: _____ Normal Abnormal Unknown
 Last Prostate Exam Date: _____ Normal Abnormal Unknown

The above information is thorough and accurate to the best of my knowledge.

Patient Signature (or Guardian)

Date